

# Gear checklists for your next trip

By Mark Anders

From the **March 2009** issue of *Boys' Life* magazine

## 10 Essentials

- Pocketknife
- First-aid kit
- Extra clothing
- Rain gear
- Water bottle
- Flashlight
- Trail food
- Matches and fire starter
- Sun protection
- Map and compass

## Extra

- Watch
- Camera
- Notebook
- Pen or pencil
- Sunglasses
- Small musical instrument
- Swimsuit
- Gloves
- Whistle
- Nylon cord
- Insect repellent
- Repair kit
- Hiking stick or trekking poles
- Binoculars
- Fishing gear
- Animal identification books, plant keys, geological studies, star charts or other guides

## Personal Hygiene

- Toothbrush
- Toothpaste
- Dental floss
- Soap
- Comb
- Waterless hand cleaner
- Small towel
- Washcloth
- Toilet paper
- Trowel for digging cathole

## Warm Weather Outing

- Socks
- Long-sleeved shirt (lightweight)
- Long pants (lightweight)
- Sweater or warm jacket
- Brimmed hat
- Bandana
- Rain gear
- Extra underwear (for longer trips)
- Water
- Rain suit
- Boots
- Backpack that fits
- Personal blister kit
- Parachute cord

## Cold Weather Outing

- Long-sleeved shirt
- Long pants (fleece or wool)
- Sweater (fleece or wool)
- Long underwear (polypropylene)
- Hiking boots or sturdy shoes
- Socks (wool or synthetic)
- Warm parka or jacket with hood
- Stocking hat (fleece or wool)
- Mittens or gloves (fleece or wool) with water-resistant shells
- Wool scarf
- Rain gear
- Extra underwear (for longer trips)
- Bandana
- Sorel boots
- Wind parka with hood
- Side-attaching suspenders
- Rubberized gloves
- Headlamp